**Residential Suggested Kit List**

**The following kit list is a recommendation only.**

**Please bring enough sensible clothing for the duration of your visit.**

* Whatever the time of your visit it is essential that everyone brings a waterproof coat.
* Another hat or peaked cap is also highly recommended for use in both hot and cold weather
* Tee-shirts, long-sleeved shirts, sweatshirts, a fleece, and/or warm jumper
* Lots of thin layers are better than one or two thick ones
* Shorts, trousers **(Please note that jeans or denim are fine for some on-site activities but should not be worn on long walks)**
* Nightclothes (dressing gown optional)
* At least 2 pairs of footwear (e.g. trainers or shoes), + walking boots (optional)
* Wellies are sensible for some on-site activities and for walks during wet weather If you have them bring them, but if not do not worry
* Wash kit (facecloth, soap, shower gel, toothbrush & toothpaste)
* A hand towel, a bath towel (or two if you are staying 4 nights or more)
* A peaked cap and/or sun hat with a circular brim
* A personal drink bottles
* A lunchbox (optional)
* Sun cream (essential during May-September)
* At least two plastic bags; one to keep dirty clothes separate from clean clothes, and one to sit on outside if the ground is damp
* Pack your main kit into a large hold-all or bag

**(Suitcases are fine but are sometimes awkward for children to carry between vehicles & accommodation)**

Bring a small day bag or rucksack, preferably with two straps and large enough to carry lunch, waterproofs, and a spare sweatshirt or jumper

\*If camping; a roll mat, pillow and sleeping bag